



401 Woodland Hills Blvd ♦ Fort Scott, KS 66701

Phone: 620-223-7029
Fax: 620-223-8567

**INPATIENT REHAB
ADMISSION CRITERIA**

7 Criteria to Meet for Medical Necessity for Inpatient Rehabilitation Program:

1. Close Medical Supervision by Physician
2. 24-Hr Rehabilitation Nursing
3. Intense Rehabilitation Services
4. Multidisciplinary Team Approach to Delivery of Program
5. Coordinated Plan of Care
6. Significant & Practical Improvement (<i>Documented loss of function</i>)
7. Realistic Goals

In addition to a *medical need for hospitalization*, each patient in an Inpatient Rehabilitation Facility must have an **inability** to function independently with a demonstrated impairment in two of the following:

- Cognitive function (attention span, memory, intelligence)
 - Communication (aphasia with major receptive or expressive dysfunction)
 - Continence (bowel and/or bladder)
 - Mobility (transfers, walking, stair climbing, wheelchair function)
 - Perceptual motor function (spatial orientation, depth or distance perception)
 - Self-care activities (drinking or feeding, dressing, maintaining personal hygiene, toileting, donning brace or prosthesis)
- Medicare regulates that 75% of the patients treated in the inpatient rehabilitative setting in a given 12-month period have one or more of the following conditions:
 - 1) Stroke (CVA)
 - 2) Spinal cord dysfunction
 - 3) Congenital Deformity
 - 4) Amputation
 - 5) Major multiple trauma
 - 6) Fracture of femur (hip fracture)
 - 7) Brain injury
 - 8) Neurological disorders including but not limited to multiple sclerosis, motor neuron diseases, polyneuropathy, muscular dystrophy, Parkinson’s disease and Guillian Barre.
 - 9) Burns
 - 10) Systemic Vasculiditites with joint inflammation ***
 - 11) Severe or advanced OA (osteoarthritis or DJD) ***
 - 12) Unilateral knee or hip joint replacement ***
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*** Must result in significant functional impairment of ambulation and other activities of daily living that have not improved after an appropriate, aggressive, and sustained course of outpatient therapy services or services in other less intensive rehabilitation settings immediately preceding the inpatient rehabilitation admission.

- Medicare recognizes that other individuals whose diagnosis does not fall into one of the preceding categories may have conditions that are physically or cognitively disabling which require intense inpatient rehabilitation. However, Medicare allows only 25% of those patients whose diagnosis does not fall into one of the preceding categories to be treated in a given year in the acute rehabilitation setting.